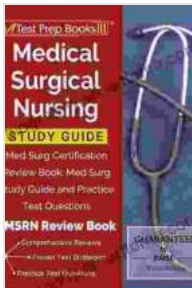


Study Guide for Medical-Surgical Nursing: Your Key to Success

Empower Your Nursing Journey

Welcome to the ultimate study guide for medical-surgical nursing, designed to transform your learning experience and empower you to excel in your exams. This comprehensive guide is crafted by seasoned nurses and educators, bringing you the latest knowledge and insights in the field.



Study Guide for Medical-Surgical Nursing: Concepts and Practice

★★★★☆ 4.5 out of 5

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File size : 10848 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Print length : 430 pages



As a medical-surgical nurse, you face a diverse range of challenges and responsibilities. This guide equips you with the tools to handle complex cases, make informed decisions, and provide exceptional patient care. Whether you're a nursing student navigating your clinical rotations or a seasoned nurse seeking a refresher, this study guide will become your trusted companion.

Unleash the Power of Learning

- **Real-Life Case Studies:** Immerse yourself in realistic scenarios that mirror the complexities of clinical practice. Analyze patient histories, assess symptoms, and develop evidence-based care plans.

Critical Care Case Study

NURS 451 - Clinical Management of Adult Health Nursing III

Purpose of Assignment
 The purpose of this case study is to integrate knowledge from the humanities and sciences, including nursing research and theory, to plan, practice, and evaluate holistic care provided to a client selected during this clinical rotation.

Student Approach to Assignment
 I chose to write this case study on this particular patient because this was the first patient I had cared for that was not generally awake and alert. This patient came into the hospital with a septic infection that progressed to an inability to adequately oxygenate himself and renal failure. He had been on a ventilator for several weeks by the time I was with him and had received a tracheostomy through which to be mechanically ventilated. This experience was difficult for me as he did not respond on any level to anything except for pain.

Reason for Inclusion of this Assignment in the Portfolio
 This assignment gave me a new outlook on patient care and an experience that I had not to have first hand. Caring for this patient was difficult for me for many reasons. The following program objectives are highlighted in this case study:

Critical Thinking
 Establishes nursing care outcomes through the application of data and the questioning of inconsistencies.
 By assessing and reassessing this patient, I was able to quickly notice the changes our interventions were causing. Also, rounds on this patient included a discussion as to his need or contraindication of heparin as an anticoagulant related to his platelet and aggregation counts. This patient was still on heparin but was being evaluated on the first day for heparin-induced thrombocytopenia and on the second day, for disseminated intravascular coagulation. Both of these were the discussions during interdisciplinary rounds.

Nursing Practice
 Applies appropriate knowledge of major health problems to guide nursing practice.
 By researching and understanding the pathophysiology going on with this patient, I was better able to treat his multiple organ dysfunction syndrome by not only correcting the root cause of the problem, but also by intervening with the associated signs and symptoms to lessen their devastating effects on this patient's health. We used his ABG values to determine appropriate ventilation settings and to ensure that his body was being properly oxygenated.

- **Challenging Practice Questions:** Test your understanding with a wide range of practice questions, carefully crafted to reflect the actual

exam format. Identify your strengths and pinpoint areas for improvement.

MedSurg

Question 1
The surgical unit nurse has just received a patient with a history of smoking from the anesthesia care unit. Which action is most important at this time?
Auscultate for adventitious breath sounds.

Question 2
The nurse is preparing to witness the patient signing the operative consent form when the patient says, "I don't understand what the doctor said about the surgery." Which action should the nurse take next?
Notify the surgeon that the informed consent process is not complete.

Question 3
Five minutes after receiving the ordered preoperativeversed by IV injection, the patient asks to get up to go to the bathroom to urinate. Which action by the nurse is most appropriate?
Offer the patient a urinal or bedpan.

Question 4
When caring for a patient who has received a general anesthetic, the circulating nurse notes red, raised wheals on the patient's arms. Which action should the nurse take?
Notify the anesthesia care practitioner (ACP).

Question 5
Which statement, if made by a new circulating nurse, reflects understanding of the circulating nurse role?
"I will assist in preparing the operating room for the patient."

Question 6
On the second postoperative day, the patient's nasogastric (NG) tube is removed and the patient begins drinking clear liquids. Four hours later, the

Practice makes perfect! Hone your exam-taking abilities with comprehensive practice questions.

- **Expert Insights and Analysis:** Benefit from the wisdom and experience of renowned medical-surgical nurses. Gain invaluable

perspectives and learn from the best in the field.



- **Comprehensive Content Coverage:** Delve into every aspect of medical-surgical nursing, ensuring a thorough understanding of core concepts, disease processes, and nursing interventions.

IMPORTANT TOPICS UNDER MEDICAL SURGICAL NURSING

INTRODUCTION

- 1) Hyponatremia
- 2) Postoperative complications
- 3) Wound healing
- 4) Pre and post-care for general surgery
- 5) Haemorrhage
- 6) Inflammation
- 7) Principles of ICU
- 8) Postoperative nursing care
- 9) ICU
- 10) Postoperative complications
- 11) Postoperative nursing care
- 12) Pre and post-op care for general surgery
- 13) Wound healing
- 14) CPR
- 15) Role of ICU Nurse

COMMON SIGNS AND SYMPTOMS AND MANAGEMENT

- 1) Pain
- 2) Shock
- 3) Hypovolemic Shock
- 4) Fluid and Electrolyte Imbalance

Expand your knowledge base with in-depth coverage of medical-surgical nursing topics.

Transform Your Learning Outcomes

- **Ace Your Exams:** Boost your confidence and prepare effectively for nursing exams. Master the material and demonstrate your competence in medical-surgical nursing.

- **Enhance Clinical Practice:** Translate theory into practice with real-life case studies and expert insights. Elevate your clinical decision-making and provide exceptional patient care.
- **Stay Up-to-Date:** Access the latest advancements and best practices in medical-surgical nursing. Continue your professional development and remain at the forefront of evidence-based care.
- **Prepare for Certification:** Lay a solid foundation for nursing certification exams, such as the Certified Medical-Surgical Registered Nurse (CMSRN) credential.

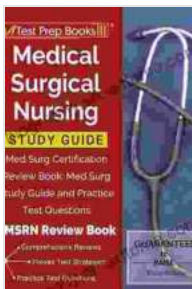
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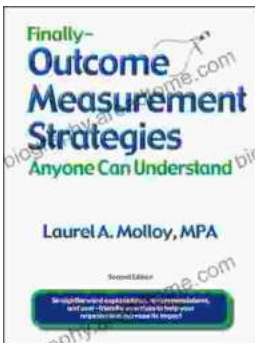
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