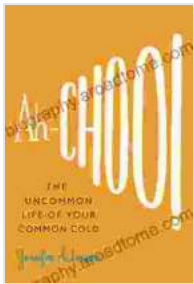


The Uncommon Life of Your Common Cold

An Exploration of the Hidden World Inside Your Nose

The common cold is one of the most common illnesses in the world. We all know the symptoms: runny nose, sore throat, cough, and sneezing. But what most people don't know is that the common cold is caused by a virus that lives in our noses.



Ah-Choo!: The Uncommon Life of Your Common Cold

by Jennifer Ackerman

★★★★☆ 4.2 out of 5

Language : English

File size : 652 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Word Wise : Enabled

Print length : 241 pages



In *The Uncommon Life of Your Common Cold*, leading microbiome expert Dr. Martin Blaser reveals the surprising role that our nasal bacteria play in our health. These bacteria help us to fight off infections, regulate our immune system, and even protect us from developing allergies and asthma.

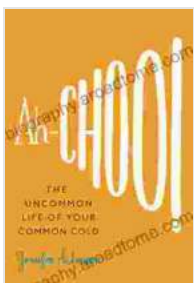
Dr. Blaser's research has shown that the diversity of bacteria in our noses is linked to our overall health. People with a greater diversity of bacteria in

their noses are less likely to get sick, and they recover from illnesses more quickly.

The Uncommon Life of Your Common Cold is a fascinating exploration of the hidden world inside our noses. Dr. Blaser's research provides new insights into the role that our microbiome plays in our health, and it offers hope for new ways to prevent and treat the common cold.

Free Download Your Copy Today!

The Uncommon Life of Your Common Cold is available now at all major bookstores. Free Download your copy today and learn more about the hidden world inside your nose.



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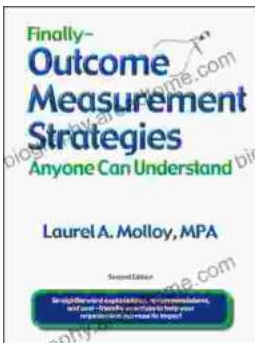
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