

What's Missing From Medicine: A Revolutionary New Approach to Healthcare



What's Missing from Medicine: Six Lifestyle Changes to Overcome Chronic Illness by Saray Stancic

★★★★☆ 4.8 out of 5

Language	: English
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Screen Reader	: Supported
Enhanced typesetting	: Enabled
X-Ray	: Enabled
Word Wise	: Enabled
Print length	: 211 pages
Lending	: Enabled



By Dr. Robert Wachter

What's Missing From Medicine is a groundbreaking new book that challenges the current healthcare system and offers a revolutionary new approach to caring for patients. Author Dr. Robert Wachter argues that the current system is fragmented, inefficient, and often ineffective, and that we need a new model that focuses on the whole person, not just the disease.

Wachter offers a comprehensive plan for reforming the healthcare system, including proposals for new payment models, new ways to train doctors and nurses, and new ways to engage patients in their own care.

What's Missing From Medicine is an essential read for anyone who cares about the future of healthcare.

The Current Healthcare System Is Broken

The current healthcare system is fragmented, inefficient, and often ineffective. Patients are often shuffled between different doctors and specialists, each of whom has their own limited view of the patient's health. This can lead to duplicate tests, conflicting diagnoses, and unnecessary treatments.

The system is also inefficient. Too much time and money is wasted on administrative tasks, such as billing and insurance paperwork. This leaves less time for doctors and nurses to spend with patients.

And finally, the system is often ineffective. Too many patients receive care that is not effective or even harmful. This is due in part to the fact that the system is focused on treating diseases, not on promoting health.

A New Approach to Healthcare

Wachter argues that we need a new approach to healthcare that focuses on the whole person, not just the disease. This new approach would be based on the following principles:

- **Patient-centered care:** The focus of care would be on the patient's needs and goals, not on the doctor's preferences or the insurance company's bottom line.
- **Team-based care:** Doctors, nurses, and other healthcare professionals would work together as a team to provide coordinated care for patients.

- **Evidence-based care:** Treatment decisions would be based on the best available evidence, not on tradition or guesswork.
- **Prevention and wellness:** The focus would be on preventing illness and promoting health, not just on treating diseases.

Wachter offers a comprehensive plan for reforming the healthcare system based on these principles. His plan includes proposals for new payment models, new ways to train doctors and nurses, and new ways to engage patients in their own care.

What's Missing From Medicine?

What's Missing From Medicine is a must-read for anyone who cares about the future of healthcare. Wachter offers a clear-eyed assessment of the current system and a compelling vision for a better future. His book is a call to action for all of us to work together to create a healthcare system that is more patient-centered, team-based, evidence-based, and focused on prevention and wellness.

About the Author

Dr. Robert Wachter is a professor of medicine at the University of California, San Francisco, and the author of several books on healthcare, including *The Digital Doctor* and *Understanding Patient Safety*.



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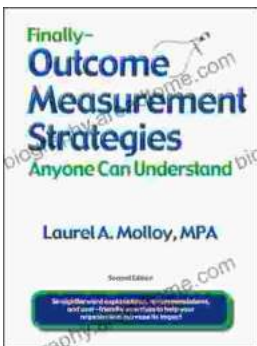
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